

Gluten Free Menu

GLUTEN FREE BRUSCHETTA (V) **8.95**

Mushroom or Tomato

Mushrooms and Parmesan white wine cream sauce, or fresh tomato, cream cheese, with a tangy balsamic drizzle—both served on toasted gluten free bread

ADD Bacon Lardons £1.95

SUMMER PRAWN COCKTAIL (GF) **8.5**

Fragrant chilli, coriander and lemon marinated baby prawns served with diced avocado and toasted gluten free bread

POLLO GAMBERETE (GF) **24.95**

Succulent chicken breast covered with Greenland prawns, topped with king prawns and a creamy white wine sauce. Served with your choice of thick cut chips or skin on fries.

SHETLAND MUSSELS (GF) **19.95**

Fresh mussels steamed in a rich tomato, chorizo and chilli sauce OR a white wine cream served with triple cooked chips or french fries.

Add GF bread for £2.50

Starter portion available, served with toasted gluten free bread **12.95**

WATERMELON & FETA SALAD (V)(GF) **14**

Watermelon chunks smothered in minted feta on a bed of peppery rocket, diced cucumber drizzled with a raspberry balsamic glaze.

ADD CHICKEN 3.5 / ADD PRAWNS 4.5

DUO OF HUMMUS (VE)(GF) **9.50**

Creamy truffle hummus and red pepper hummus served with freshly baked, toasted gluten free bread and crudites.

CAPRESE SALAD (V)(GF) **8.95**

Fresh juicy tomatoes drizzled with basil oil, served with creamy chunks of mozzarella and toasted gluten free bread

CHICKEN WINGS (GF) **9.5**

Coated in a choice of:

Zingy Buffalo

Parmesan and Truffle

BBQ

PAN ROASTED SALMON FILLET (GF) **25**

Juicy pan roasted salmon fillet, served with pak choi, baby corn and roasted vine cherry tomatoes.

Accompanied by steamed jasmine rice and drizzled with a thai green curry cream sauce.

NEEDLES EYE SIGNATURE DISH (GF) **34.95**

6oz Ribeye cooked to your preference. Served with fresh mussels in your choice of a rich tomato and chilli sauce or a creamy white wine sauce. Accompanied by your choice of thick cut chips or skin on fries.

CHICKEN CAESAR SALAD (GF) **13.95**

Succulent chicken and crispy bacon served on a bed of crispy iceberg lettuce tossed in a creamy parmesan caesar dressing, served with gluten free croutons and a boiled egg.

ADD PRAWNS 4.5 OR SWAP CHICKEN FOR PRAWNS 2.5 SUPPLEMENT

PLEASE INFORM STAFF OF YOUR ALLERGY AHEAD OF ORDERING
GLUTEN FREE OPTIONS AVAILABLE